



**CHRISTIAN MEDICAL COLLEGE**

**VELLORE, TAMIL NADU, INDIA**

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**Department Of Distance Education  
&  
Rural Unit for Health and Social Affairs (RUHSA)**

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## **COMMUNITY LAY-LEADERS' HEALTH TRAINING CERTIFICATE**



***A unique opportunity for Christian  
NGO workers to equip themselves  
with medical skills to prevent and  
treat illnesses and thereby become  
agents of holistic healing!***

This is a unique opportunity offered by CMC for Christian NGO workers working in remote parts of the country where there are very primitive or no healthcare facilities available.

Also it is an opportunity for them to get this medical knowledge and skills right at their door step.

This **“Be a change agent”** initiative will help them gain confidence and competency to prevent and treat most of the health problems at the village level itself thereby reducing pain and suffering and also health costs.

### **Why Christian NGO workers?**

It is our mandate as Christians to reach out to our fellow human beings in their areas of need and thereby demonstrating the love of God to them. Health is one such huge area of need and millions of people perish each day due to diseases that can be easily prevented or treated successfully in the early stages.

There are about 6, 00,000 villages in India and 73% of India's population live in these villages. But 80% of the health professionals are concentrated in the cities. So there is a grave mismatch. To meet the health needs of the huge population living in the 6, 00,000 villages with a handful of health professionals

willing to work in rural areas is virtually an impossible task.

But the good news is that, most diseases don't need a health professional to prevent them or treat them in the early stages. Given the grave health scenario in our country, Christian NGO workers who are already established in the villages can contribute to meet this need easily. If Christian NGO workers are trained to offer culturally acceptable simple health care at the village level, that will help them become acceptable **“change agents”** in the community.

### **The Course:**

'Community Lay-Leaders' Health Training Certificate' Program...

...a tailor-made program from a committed institution for equipping committed individuals placed in the neediest areas, with a vision to make a big difference to the health scenario of our nation.

This is a one year **distance education** course to train Christian NGO workers placed in remote areas to offer preventive and basic curative care to the communities they have dedicated themselves to serve and thereby offer **holistic care.**

## Objectives:

To equip Christian NGO workers serving in rural India with basic Primary Healthcare knowledge and skills so that they will be able to extend holistic care to the communities they serve and to their own families.

## Eligibility:

- 12th Standard minimum
- Commitment to serve people in the remote areas of our country
- Should be based in remote areas of the country where medical facilities are primitive or non-existent

## Structure of the course:

- Course Duration – 1 year.
- 2 semesters of 6 months each.
- course offered initially in Hindi and Tamil (in English, on request)

(Maximum duration allowed to complete the course is 2 years)

## Study Materials:

- 5 easy-to-read booklets for each semester written in an interactive and self-learning format.
- Total 2 volumes containing 5 booklets each for the entire course.
- Each booklet is designed to be completed in 1 month time by spending an average time of 30 minutes per day.

- The candidates are required to submit assignments at the end of each booklet.

## Curriculum:

- 60 Problem based interactive modules which are written self-learning format in very simple language
- 50 Video-lectures and video demonstrations by expert faculty from CMC.
- Health promotion activities like Health Education with Audio-visual aids, health songs, skits etc.

## Contact Programmes:

- Total 60 days of contact classes for hands-on training which will be held in **3 Sessions of 20 days each** spaced over the one year period.
- These sessions will be conducted by trainers trained by CMC who will be based in various mission hospitals across the country, which will be the regional centres.
- The trainees will be allotted the closest regional centre where they will attend the contact classes in which they will be given hands-on training in both preventive and curative aspects.
- 100% attendance in contact classes is mandatory for all the candidates.

## Award of Certificate:

Candidate should fulfill the following criteria:

- Obtain pass marks in the two examinations conducted at the regional centres at the end of 1<sup>st</sup> and 2<sup>nd</sup> Semesters of the course (during the 2<sup>nd</sup> and 3<sup>rd</sup> contact program which will comprise of 2 Papers:  
-Paper I Theory -Paper II Practical
- Satisfactory completion of assignments and project work.

## Fee:

The course fee is Rs.4000/-

Food and accommodation during 60 days contact program (Rs.50 per day) = Rs.3000/-

The total amount of Rs.7000/- can be paid in 2 equal installments. This does not include the other costs that the trainees may incur in attending the contact programs like travel etc.

## For further details contact:

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